References are to the DOTS model of career development.

- Professional & career development essentials
- Informed decisions (D)
- External opportunities (O)
- Own preferences & strengths (S)
Own Preferences & Strengths (S)

level 1: Search for useful info
- read stuff - access DVDs - search for other info
  via UTS Library - UTS Careers resources - online

level 2: Talk to people
- approach people currently (or recently) in interest area

Level 3: Get a direct taste
- unpaid if not paid experience - or ‘shadow’ someone

External opportunities (O)

externally-focused research