Midwifery in Indonesia: Improving Maternal Health

Information Guide

31 January—9 February 2016
Midwifery in Indonesia: Improving Maternal Health—
An Experiential Learning Program

Despite valiant efforts from countless organisations to achieve the UN’s Millennium Development Goals, the alarming mortality rates of women and babies in Indonesia are still staggering.

This exciting experiential learning program will give an opportunity to 20 UTS Bachelor of Midwifery students to undertake midwifery in a global context and explore firsthand:

- Challenges of Contemporary midwifery practice and maternity service provision in Indonesia
- Access to quality healthcare and culturally appropriate Childbirth
- Access to culturally sensitive care for women
- Women-centred care in both hospitals and community settings

Program Overview

- Pre-departure training and group meeting.
- Partaking in lectures and meetings with healthcare providers at hospitals and other healthcare providing agencies.
- Practical application of primary health care principles.
- Exploring some of the largest public and private hospitals.
- Discovering various NGOs in Indonesia and meeting with key practitioners committed to reducing maternal and child morbidity and mortality.
- Producing a written reflection of the trip.
Program Details

The Experiential learning program hopes to develop and build knowledge for Midwifery students in regards to the alarming mortality rates regarding women and babies in surrounding Nations, such as Indonesia. It enables them to explore firsthand the quality of healthcare in Indonesia, and why the quality is the way it is; due to both the lack in funding/skills but also due to the cultural practices in the Nation.

The program is packed full of exciting activities, learning opportunities and cultural emersion. You will not only learn about Midwifery practices in Bali and Ubud but you will also be able to explore many of the hospitals, meet with key NGO’s in Indonesia and with practitioners in the area, who are key leaders in reducing maternal and child morbidity and mortality. You will also be able to experience cultural immersion tours and events, which will provide a full understanding into the Indonesian landscape; both in terms of health care and culture.

Lecture Topics:

- Birthing in Bali: Cross cultural considerations
- Understanding Balinese Hinduism and its role in healthcare
- Delivering healthcare in remote and rural communities
- Providing culturally sensitive care for women
- Mortality rates of women and babies in Indonesia
- Developing partnership with communities to improve quality of life
- Field trips to NGO’s and hospitals such as Bumi Sehat, RSUP Sanglah and Yayasan Ramah Sasana.

Proposed Itinerary:

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>31 Jan</td>
<td>Arrive in Bali</td>
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<tr>
<td>1 Feb</td>
<td>Introduction to Bali</td>
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<tr>
<td>2 Feb</td>
<td>Tour of Local Hospitals</td>
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<td>3 Feb</td>
<td>Transfer to Ubud including bicycle of Ubud</td>
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<tr>
<td>4 Feb</td>
<td>Mid Wifery Tour</td>
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<tr>
<td>5 Feb</td>
<td>Alternative care Tour</td>
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<tr>
<td>6 Feb</td>
<td>Free day or Culture Tour - additional expense</td>
</tr>
<tr>
<td>7 Feb</td>
<td>Free day of Cultural Events—addional expense</td>
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<tr>
<td>8 Feb</td>
<td>Free day/Farewell Dinner</td>
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<tr>
<td>9 Feb</td>
<td>Depart for Australia</td>
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Program Dates
31 January until 9 February 2016

Program Cost
$1400 USD (approx. $1900 AUD)

Travel Grants
The Travel Grant will cover the full program fee. There must be 20 students for this program to commence.

OS-HELP loan
Extra financial support can be gained by applying for an OS-HELP loan if applicable.

Included in Program Costs
- Logistics of the program: Local guides, presentations, meeting, transportation during the activities, NGO and Hospital tours and volunteering.
- Accommodation: Twin share
- Cultural activities: Ubud Cycle Tours
- All breakfasts, some lunch and dinners. Welcome and farewell banquet dinners.
- Personal and Medical Travel Insurance provided by UTS

Not Included in Program Costs
- International flights from Sydney to Bali (approx. $800-$1,100)
- Visa costs
- Vaccinations required
- Personal expenses
- Optional Cultural tours
Who can apply

This fantastic trip is only open to Bachelor of Midwifery Students with:

- A keen interest in women's issues, social justice, community work and creating solutions to global problems.
- A current GPA of 1.5 or over.
- An affable, flexible, independent character with a willingness to learn and take initiatives to grow.
- An inclination to work hard and adapt to differing surrounds and work environments.
- A strong sense of team work.

Requirements

If you are selected you must:

- Attend a pre departure session
- Represent UTS with distinction at all times during the program
- Submit at least two blog posts during the program to UTS to be used on the UTS:BUiLD Abroad Blog
- Submit a reflection piece to BUiLD on your return
- Complete a feedback survey on your return

Next steps

Complete the BUILD APPLICATION FORM

Applications close midnight 15th November 2015

For more information please contact:

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