NURSING AND MIDWIFERY

GRADSTART PROGRAM

2021

www.nbmlhd.nsw.gov.au/nursing

NSW GOVERNMENT

Health
Nepean Blue Mountains
Local Health District

NSW GOVERNMENT

Health

Nepean Blue Mountains
Local Health District

Welcome to Nepean Blue Mountains Local Health District
Nursing and Midwifery Services

The nursing and midwifery team at Nepean Blue Mountains Local Health District makes a significant contribution to the health and wellbeing of our community.

Our District is located less than an hour's drive from Sydney and provides hospital care and community health services for the local community and Greater Western Sydney region. The five hospitals within Nepean Blue Mountains Local Health District include a large teaching hospital, smaller community-based hospitals and nine community health centres.

The District has ongoing partnerships with the Western Sydney University School of Nursing and Midwifery, the University of Tasmania and the University of Sydney, through the Nepean Clinical School, ensuring that we are at the forefront of research, training and education for nursing and midwifery services.

Nepean Blue Mountains Local Health District is a wonderful place for nurses and midwives to begin or continue their careers.

Nepean Blue Mountains Local Health District GradStart opportunities for work and study

GradStart

The Nepean Blue Mountains Local Health District new graduate nurse and midwife program (GradStart) provides a dynamic environment of learning and development which allows new graduates the opportunity to consolidate clinical knowledge and skills, acquire ward management skills and work within an efficient and energetic health care team. Nepean Blue Mountains Local Health District offers nursing experiences in tertiary and rural facilities and we encourage all new graduate nurses and midwives to consider a career with us. We offer a three rotation program with intakes in March and June annually.

University of Tasmania (UTas) Affiliation

The Nepean Blue Mountains Local Health District has a long standing affiliation with the University of Tasmania providing you with an opportunity to undertake the Clinical Honours Transition to Professional Practice qualification. NBMLHD offers scholarships to the 12 month commonwealth supported course ensuring it is at minimal cost to the student.

Our robust GradStart program provides three (3) units of credit towards the UTas Clinical Honours program. The Clinical Honours program runs over a minimum of one year

Blue Mountains District ANZAC Memorial Hospital

Blue Mountains District ANZAC Memorial Hospital is located between Leura and Katoomba. It is an acute hospital with inpatient and outpatient services. The hospital provides Emergency services 24 hours a day and provides a range of general inpatient services including general medicine and surgery, rehabilitation and geriatrics and palliative care.

GradStart Program	Blue Mountains District ANZAC Memorial Hospital GradStart
Clinical Areas	General Medical & Surgical Ward, Rehabilitation/ Palliative Care Ward, Geriatrics Specialty Areas: Community Child & Family, Community Chronic & Complex, Emergency, Mental Health, Operating Theatres
Please note one rotation may be completed offsite at the following locations	Nepean Hospital - The following rotations are available: Cardiology, Dialysis, Intensive Care, Neonatal Intensive Care, Nepean Outreach Service, Paediatrics. Lithgow Hospital (see Lithgow for clinical areas available)
Duration	12 month program
Rotations	3 x 17 week rotations
Orientation	Structured 5 day face-to-face orientation program and supernumerary days in the clinical area
Intake Date(s)	Early March 2021, late June 2021

Lithgow Hospital

Lithgow Hospital consists of a 46 bed public hospital, comprising Inpatient unit, Emergency department and Operating Theatres. The Inpatient Unit at Lithgow consists of 33 beds with a vast range of specialties including acute medical and surgical, chronic and complex care, palliative and end of life care, antenatal and post natal care as well as an Ambulatory care clinic. The Operating Suite includes 3 operating rooms, day surgery unit, recovery ward and central sterilizing department.

GradStart Program	Lithgow Public Hospital GradStart
Clinical Areas	Inpatient Unit covering General Medical & Surgical, Rehabilitation, Geriatrics, Specialty Areas: Emergency, Operating Theatres
Please note one rotation may be completed offsite at the following locations	Blue Mountains District ANZAC Memorial Hospital (see Blue Mountains for clinical areas available)
Duration	12 month program
Rotations	3 x 17 week rotations
Orientation	Structured 5 day face-to-face orientation program and supernumerary days in the clinical area
Intake Date(s)	Early March 2021, late June 2021

Mental Health

NBMLHD offers a range of mental health services from inpatient, outpatient clinics and community services. The Mental Health Services aim for excellence in every facet of service, as with our community provide integrated care towards recovery.
Caring with people and each other is central to our specialty, as we work in partnership with consumers and their family and carers towards recovery. Using the best available evidence, we strive to continually improve our clinical service, in collaboration with our clinical and disability support partners.

GradStart Program	GradStart Mental Health
Clinical Areas	Acute Unit, High Dependency Unit, Older Persons Mental Health Unit, Psychiatric Emergency Care Centre
Please note one rotation will be completed in a general nursing area	See Nepean Hospital for clinical areas
Duration	12 month program
Rotations	3 x 17 week rotations
Orientation	Structured 5 day face-to-face orientation program and supernumerary days in the clinical area
Intake Date(s)	Early March 2021, late June 2021

Midwifery

Nepean Blue Mountains Local Health District offers maternity services at Nepean, Blue Mountains and Lithgow Hospitals. The GradStart Bachelor of Midwifery program offers participants a variety of clinical experiences while rotating through all facets of care for mothers and babies.

GradStart Program	Nepean Hospital GradStart Bachelor of Midwifery
Clinical Areas	Antenatal Ward, Postnatal Ward, Birth Unit, Antenatal Clinic
Duration	12 month program
Rotations	3 x 17 week rotations
Orientation	Structured 5 day face-to-face orientation program and supernumerary days in the clinical area
Intake Date(s)	Early March 2021, late June 2021

Nepean Hospital

Nepean Hospital is a 520 bed general acute hospital, 50 km from the centre of Sydney. It is a referral hospital for the Nepean Blue Mountains Local Health District and is a teaching hospital of the University of Sydney. It is a Trauma Referral Hospital for Nepean Blue Mountains Local Health District, Blue Mountains, and limited areas west of the Mountains. Penrith lies on the Nepean River and is one of the fastest growing areas in Sydney. There is easy access by car or public transport.

GradStart Program	Nepean Hospital GradStart
Clinical Areas	Surgical Wards – Orthopaedics/ Vascular, Upper GI, Plastics/ Neurosurgery/ Urology, Short Stay Medical Wards – Aged Care, Cardiology, Oncology/ Haematology, Rehabilitation, Respiratory, Stroke/ Gastroenterology Specialty Areas – Anaesthetics & Recovery, Antenatal Ward, Community, Dialysis, Drug & Alcohol, Emergency, Endoscopy, Intensive Care, Medical Imaging, Mental Health, Neonatal Intensive Care, Nepean Outreach Service, Operating Theatres, Paediatrics, Post Natal Ward
Please note one rotation may be completed offsite at the following locations	Blue Mountains District ANZAC Memorial Hospital or Springwood Hospital (see Blue Mountains for clinical areas available)
Duration	12 month program
Rotations	3 x 17 week rotations
Orientation	Structured 5 day face-to-face orientation program and supernumerary days in the clinical area
Intake Date(s)	Early March 2021, late June 2021

Facility Contact Details

Blue Mountains Hospital Contact Details

Street address: Cnr Great Western Highway and Woodlands Road, Katoomba
NSW 2780
Main telephone: (02) 4784 6980

Emergency

Main telephone: (02) 4784 6500
Switchboard is open 7am - 10:30pm

Lithgow Hospital Contact Details

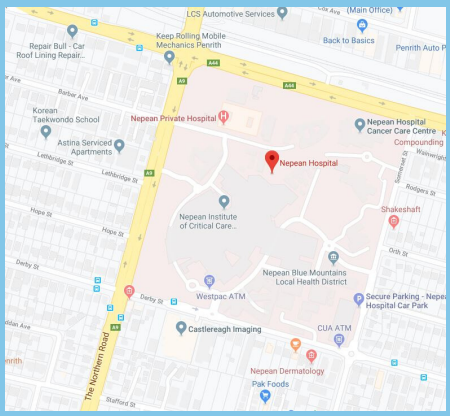
Street address: Cnr Col Drewe Drive and Great Western Highway, Lithgow
NSW 2790
Main telephone: (02) 6350 2300

Nepean Hospital Contact Details

Street address: Derby Street Kingswood, NSW 2747
Main telephone: (02) 4734 2000
Patient Enquiries: 1800 253 511

Emergency

Street address: Derby Street Kingswood,
NSW 2747
Telephone: (02) 4734 1880



Applications

1. See the 2021 GradStart Handbook https://www.health.nsw.gov.au/nursing/employment/Publications/gradstart-recruitment-handbook.pdf
2. Ensure you have applied for a paid Working With Children Clearance number
3. Visit www.nbmlhd.health.nsw.gov.au/nursing

Health
Nepean Blue Mountains
Local Health District