



Solve problems together

Stronger connection

More calm



THE KIDMAN CENTRE UTS

Free 'Taking Charge' workshop for parents: Understanding and managing oppositional and defiant behaviours in children using the Collaborative & Proactive Solutions (CPS) approach

Are you interested in learning about a new, evidence-based framework that's not centred on "rewards and punishment", for managing your child's challenging behaviour?

We are offering a FREE one-hour introductory workshop on Collaborative & Proactive Solutions (CPS), a new treatment that's recently been validated as an effective treatment model for children with disruptive behaviour.

The workshop will be presented by an experienced clinical psychologist, and held at The Kidman Centre's Randwick premises from 6pm to 7pm on Monday, 23 March 2020.

Bookings are essential as numbers are limited.

Developed for parents, caregivers and teachers of children aged 5 to 15 years, the workshop will focus on practical, evidence-based strategies and cover the following topics:

- An introduction to Dr Ross Greene's Collaborative and Proactive Solutions (CPS) model for managing challenging behaviour
- Identifying lagging skills in children that make it difficult for them to meet adults' expectations
- A 3-step model for helping adults and children solve problems together

The Kidman Centre UTS is a non-profit organisation dedicated to the understanding, prevention and reduction of mental health problems in young people aged 5 to 25, so that they can thrive through their formative years.

Booking Details

When

6:00pm to 7:00pm on
Monday, 23 March 2020

What

1-hour workshop for parents, caregivers & teachers of 5 to 15-year-olds

Where

The Kidman Centre UTS, based at the Prince of Wales Hospital in Randwick Parkes Building, Level 10 East High Street entrance, Randwick ([Video](#) on how to find us)

Who

Presented by one of The Kidman Centre's experienced clinical psychologists

Bookings essential

Phone: (02) 9514 4077 or
Email: kidmancentre@uts.edu.au
or via Eventbrite: <https://www.eventbrite.com.au/e/taking-charge-for-parents-understanding-and-managing-oppositional-and-defiant-behaviours-in-tickets-81643322375>

www.tkc.uts.edu.au