Health Psychology Unit

Faculty of Science
University of Technology Sydney

Annual Report 2016

UTS
UNIVERSITY OF TECHNOLOGY SYDNEY

THINK.CHANGE.DO

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Professor Antony Kidman

1938-2014



Professor Antony Kidman established the Health Psychology Unit of UTS, and was the much-loved Director of the unit until his passing in 2014. Under his directorship, the unit carried out research and treatment programs in a variety of different areas, but always with a strong focus on community.

We are dedicated to seeing his legacy live on.

About the Health Psychology Unit



This year the Health Psychology Unit (HPU) celebrates 31 years in service to the community. The HPU is a department within the Faculty of Science at the University of Technology Sydney. It is a research and clinical treatment unit dedicated to the understanding, prevention and reduction of mental health problems in young people aged 5 to 25 years. Our work includes: preventative mental health talks for schools; evidence-based psychological treatment clinics for young people and their families; evaluating evidence-based treatments through the application of high quality research; and disseminating this research into the "real world".

HPU staff deliver cutting edge evidence-based psycholgical therapies across a wide range of problems from the mild to the more severe end of the spectrum. We are committed to filling a gap in mental health services by providing services to individuals who may not otherwise have access to treatment because of financial disadvantage or severe impairment. We further recognise that treatment must take into consideration the young person's support system and we endeavour to provide assistance, support and training to the family, school system and wider community.



Director's Report

Dr Rachael Murrihy

2016 was an exciting and busy year for the unit with a focus on consolidating our vision for the future; implementing a landmark study trialling a new treatment; opening a new evidence-based treatment clinic for young people and their families; participating in an innovative project targeted at decreasing suicide; and **most importantly, *equipping over 3,000 young people, parents and teachers with mental health strategies through our talks and providing over 1,000 sessions of evidence-based treatment to 180 individuals and families.***

In its 31st year of operation on the north shore of Sydney, the Health Psychology Unit (HPU) has embarked on a new chapter. Our vision for the HPU is to decrease the devastating and unacceptable impact caused by mental illness on young people (aged 5-25 years) and their families, their schools and the wider community.

We want to see young people thriving through those formative years, not imprisoned within invisible walls of anxiety, depresion, self-hatred and psychosis. With access to the right resources at critical developmental times, those who struggle can go on to live productive, contributing and satisfying lives. We also want to help parents to enjoy their families rather than carry the burden of silent despair as they worry about their child's future and wonder how they will continue to cope on this emotional rollercoaster.

To achieve this end we have developed a 5-year plan in which we aim to decrease the impact of mental illness by expanding our reach to young people through: an increase in our preventative services; greater access to treatment; and more research to innovate and improve upon available treatments. The five year plan is being shared as widely as possible, and we hope for your support to turn this vision into real services on the ground for youth and their struggling families.

Changes in the socio-political landscape continue to inform the direction of projects undertaken at the unit. In 2016, a growing awareness of the seriousness of the national epidemic of suicide in Australia saw HPU prioritise the issue as one of critical importance. Eight Australians are dying of suicide and 200 attempt suicide unsuccessfully everyday. The unit staff have forged relationships with a large number of local and national organisations, including Headspace, Partners in Recovery, Batyr, and the Schizophrenia Fellowship, amongst others, to develop and seek funding for innovative models that address suicide at a local and national level.

Men are at a much greater risk of suicide than women, outnumbering women at a 3:1 ratio. *Young men, those aged 18-25 years, who have problems transitioning from school to the responsibilities of adult life, are of particular concern* and this is why, when invited by the St Ignatius Alumni association to sit on a new initiative called "The Banksia Project", we jumped at the chance to be involved.

The Banksia Project targets the risk factors assocated with male suicide such as social isolation and self-reliance. This is achieved through monthly support groups run by a trained facilitator who is a lay member of the group. In addition to an advisory board role, our psychologists also train the Banksia facilitators, oversee the safety of the groups and research group outcomes. Our staff have also participated as expert speakers, alongside well-known community figures, in Banksia'a large community forums. These are awareness/destigmatisation initiatives aimed at challenging the barriers to help-seeking commonly experienced in young men.

Our landmark research treatment trial: *Side by Side, for families with children aged 7-14 years with behaviour and emotional problems,* continued throughout 2016. As we deliver treatments, we simulataneously aim - through research - to improve the evidence-based treatments on offer to the greater public. This trial is innovative in that it tests a new therapeutic model out of Harvard Medical School called Collaborative and Proactive Solutions, which encompasses a very different approach to children with behaviour and emotional problems than those treatments that have come before it.

In the Side by Side clinic, 60 families received three months of treatment by a psychologist free of charge. Mid-way results for this study have been very exciting and encouraging with behavioural and emotional problems improving significantly for most families in the study. To date, families have been satisfied with the treatment and found the new therapy model to be highly acceptable. Below is a transcript from a video taken after treatment with a *mother and father of a 7-year old boy who attended the program:*

(Mum) For us, I would say I found the program to be basically life changing. For our family dynamics we were having a lot of difficulty with our son and, through the strategies that we got, it's really made a massive difference. Hasn't it?
(Dad) Yes. For me it was not so so much about our son, it's also about us and our son. Like a lot of people, you look at your children and he's got some wonderful attributes that will hold him in good stead later in life. So for us it was about learning to live with that now. It was about him yes, but it was also about us. The improvement in the 6 months and it was about tiny little hints, it wasn't anything major. We really didn't have any epiphanies, but we were guided all the way through and it was the little tricks of the trade that we learnt. We learnt to be consistent. We learnt to be concise. We learnt to be coordinated in our efforts. Those small things in total made an enormous difference in how we parent.
(Mum) A huge difference. It changed the family dynamics. It's like saving your family's life in a way and I think it's an extremely important program to keep up. The amount of time that it took the 14 weeks is absolutely essential to get the changes that you need as a parent.
(Dad) And it's wonderful to know that there are people out there. That you do have support. You're not on your own. (Mum) Thank goodness.
(Dad) If anything it needs to be more widely promoted. It's gratifying to know that there are people out there that understand the problems that you've got and they are doing something to help you.

Our general psychology clinic was again well utilised in 2016 delivering over 400 sessions to 116 clients with a wide array of problems including behaviour problems, HSC-related stress, depression, social phobia and self-harming. We have introduced evaluation questionnaires to this clinic to ensure our treatments have a measurable impact. Thanks to the generosity of the Mary Alice Foundation we were also able to deliver twice as many preventative mental health talks in schools compared to last year.

Disseminating the results of our research to teachers, parents and other health workers is an important part of our work at the HPU. In 2016 we welcomed a new psychologist Stephanie Morse and were excited to open a Collaborative and Proactive Solutions clinic on site in Greenwich. This is the first clinic of its kind in Australia and open to all families with children aged 5 yrs though to the late teenage years with emotional and behavioural problems. We also worked on spreading the word about this new therapy by speaking at the World Congress of Cognitive Behavioural Therapies in Melbourne and Anna Dedousis-Wallace made an invited keynote speech at a large educational psychology conference in the United States. At the World Congress the research results were received with a standing ovation, a reflection of the excitement around this new therapy amongst clinicians!

I would like to thank our supporters and board members of the Antony Kidman Foundation who care deeply, as we do, about preventing the suffering of children, teenagers and young adults. Our staff continue to do a tremendous job in light of changing circumstances and busy workloads. I very much look forward to working with our supporters and collaborators in the mental health system as we move into 2017.



Vision and Mission Statement

Vision

To enable young people to live fully and thrive through their formative years through the provision of evidence-based psychological therapies and research aimed at decreasing the impact of mental illness.

Mission

The HPU aims to deliver evidence-based clinical services to prevent the development of mental health problems in young people aged 5-25 years, and treat those with established psychological problems. In providing treatment, staff acknowledge the importance of the young person's support system and include their families and school community in this approach. We are committed to the use of evidence-based, practical strategies to assist those in need and provide services to all young people regardless of their ability to afford treatment. Research is conducted, alongside clincial services, with the aim of improving available evidence-based treatments for the wider community. Disseminating this research to the young person's support systems is considered a crucial part of this process.



Staff

Dr Rachael Murrihy *Director, Clinical Psychologist*

Anna Dedousis-Wallace *Clinical Psychologist*

Dr Danielle Ellis *Clinical Psychologist*

Dr Sophia Drysdale *Clinical Psychologist*

Louise Rémond *Clinical Psychologist*

Emily Upton *Clinical Psychologist*

Stephanie Morse *Clinical Psychologist*

Yuli Dar *Clinical Psychologist*

Rie Matsuura *Administrative staff*

Anh Vu *Administrative staff*

Consultants (school talks):

Dr Josephine Kearney, *Clinical Psychologist*

Sonja Kram, *Clinical Psychologist*

Dr Emma Gallagher, *Clinical Psychologist*

Advisory Board Members

Mr Philip Walker

Mr Chris Gardoll

Ms Helen Hume

Mr Tony Carroll

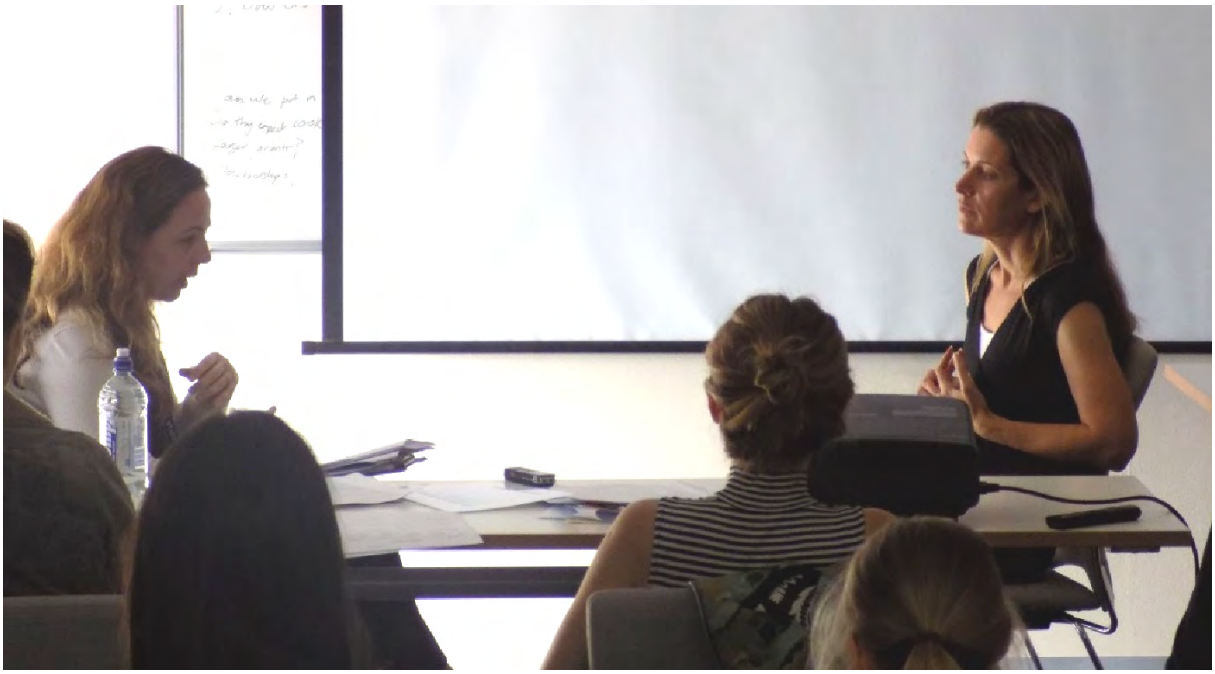
Ms. Jacquiline Smith OAM

Mr Rheza Tan

Business plan advisor: Mr Stephen Peach

Annual lunch committee: Mrs Wendy King

Mrs Bronwyn Carroll



2016 Highlights

2016 has been a year of consolidation and expansion for HPU, with several exciting projects and events underway and new projects being started. All of these are undertaken with the aim of reaching more young people and decreasing the impact of mental health problems in the community. Broadly speaking, the work that we do revolves around our evidence-based treatment clinics, researching innovative new therapies, and conducting preventative seminars in schools. The following is a summary of the specific highlights that we achieved throughout 2016. These could not of been completed without the generous support of our amazing donor community.



A first: Dr Murrihy receives a donation from the great Aussie philanthropist, Dick Smith, in an airport hangar!

2016 Highlights

Side by Side: Bringing Fun Back to Family Research Treatment Clinic

The Side by Side program, supported by the generous Vincent Fairfax Family Foundation, assists families of children aged 7-14 years with emotional and behavioural problems. In this clinic families are randomly allocated to one of two treatment conditions: (1) Parent Managment Training which has been in use for 50 years and is considered the gold standard of treatment in this area, and (2) Collaborative and Proactive Solutions, a new therapy that approaches these problems in a unique and innovative fashion.

Parent Management Therapy is an evidence-based approach, but has unsatisfactory results for up to 20-40% of families. If PMT does not work for a family, there is currently little else on offer that has research backing. We are working to improve the treatments available for the 200,000 children and teenagers in Australia who suffer from these problems.

At the end of 2016 we had reached the mid-way of the program. Children in the trial had complex and severe presentations. Most children had anxiety/depression and ADHD alongside behaviour problems. A disturbingly high number of children in the trial had experienced suicidal thoughts and bullying.

What are the half-time results? On average, children in both groups improved significantly by the completion of treatment. Parent Management Training gains were maintained at a 6-month follow-up assessment. **Interestingly, families receiving Collaborative and Proactive Solutions did more than maintain their gains at follow-up, families actually improved further.** Throughout this project staff worked closely with University Distinguished Professor Tom Ollendick of Virginia Tech, one of the world's leading child psychologists, and Professor Ross Greene, formerly of Harvard Medical School and now director of Lives in the Balance, a well known not-for-profit organisation. Professors Ollendick and Greene are experts in the field of child emotional and behavioural problems. We have worked hard to build relationships with various services in the area that now provide a steady stream of referrals to the program, with an unprecedented number of referrals occurring in the later part of 2016. This includes public, private and Catholic schools, community mental health, GPs, paediatricians, and psychiatrists.

Side by Side Clinic

One family's story after CPS treatment

(Mum) I can clearly remember the first time that my husband John and I came in to the unit with our daughter, Ruby (8yrs). We had lived "in the storm" of Ruby's emotional outbursts and irritable behaviour for so long that I just felt numb and was going through the motions of life with a deep and private sense of sadness and burden. Life had been difficult since Ruby was a toddler and much of our lives revolved around what she could manage.

It's a very lonely feeling because my family and people around us don't always understand what life is like for us. They think it's just a "spoilt' thing and that she needs a bit of discipline. If only they knew what we've tried - occupational therapists, medication, naturopathy, We changed her diet, tried to exercise it out of her, had periods where we were extremely strict. None of things helped much and this year she was suspended and things really escalated from there.

When Ruby gets upset over something, maybe leaving her reader at school as an example, she just loses it. Her reaction is out of all proportion to the situation. Her emotions become completely out of her control. Don't get me wrong she is a lovely kid, and a half an hour after a blow up she is crying to me "mummy I don't know why I do it, I'm so sorry. I'm like a rotten piece of fruit". It breaks me and my husband's heart. Things are bad at school too because she doesn't understand how to get along with others. You know she's in year 3 and never been asked on a playdate? She never gets asked to birthdays. And she really feels it. I just feel so sad for her and I don't know how to help her.

When she got her suspension she said to me "Mum, I don't want to be here anymore. I don't want to live. I'm like gravel on a road". I felt sick to my stomach. How can an 8 year old be talking about not living anymore? I went to my GP in desperation and he told me about Side by Side. I read the material and these kids sounded just like Ruby - so I thought: what have I got to lose? and called the number on the postcard.

A couple of weeks later we started treatment and I think I cried through most of the first session. Our therapist, Louise, was incredibly kind, Ruby loved her. She coached us through the CPS skills; pushed us to practice. And it wasn't easy, but she broke it down in a manageable way. Louse is a pretty special person to us.

The framework was really useful - identifying the cognitive skills that Ruby is deficient in has been a revelation! It has helped me to understand Ruby so much better and helped her to understand her own emotions better as well. I'm much more patient with her because of this change in how I viewed the problem.

Hearing about Ruby's concerns and perspective has helped me understand why she reacts the way she does in certain situations. These conversations have been really powerful.

The way we interact is light years away from where we started before the program. Would I recommend the program to other parents? Yes I would. The emotional outbursts are far fewer and less intense on the whole now. Ruby is also going along much better at school. We don't expect a perfect child, that's not realistic, but we actually enjoy each other again and the tension that was in our home has disappeared, things are so much calmer and more peaceful. I feel like I've re-entered the world. We are so proud of her (and ourselves!)

2016 Highlights



The Banksia Project

"***Suicide is a society-wide problem that needs a society-wide solution***"
Peter Schmigel, CEO Lifeline

Suicide is at epidemic levels in Australia. Each day, eight Australians die - a 10 year high - and more than 200 attempt suicide unsuccessfully. Men outnumber women, dying by suicide three times more often than women. We still do not have the answers to the question of how to prevent suicide and evidence-based knowledge about what can be done to combat suicide is limited.

Those in the industry are calling for new innovations that consider the problem from a wider societal view. It has been argued that the deterioration of community institutions, like religions, have left individuals without support structures which have historically served to buffer stress. The Banksia Project is a mental health association that supports good mental health by destigmatising mental health in the male community and empowering men through community-led forums and monthly support groups to actively engage in positive mental health practices together.

At the Health Psychology Unit we are particularly interested in Banksia's support of young adult men aged 18-25 years who are having difficulty transitioning from school to adult life.

The Banksia Project's monthly support groups are a way of creating new institutions and new social connections. The Banksia approach is based on the literature of what is known about men and mental health. We know that young men are typically reluctant to seek professional help and would prefer a more informal (yet structured) approach, one in which they can also be of assistance to others. The HPU is involved in a variety of ways: at an advisory board level; as trainers and clinical supervisors of peer support group leaders; as expert contributors for the large community forums and as project evaluators. Collaborators engaged in The Banksia Project include Black Dog Institute UNSW, Lifeline, University of Sydney, NSW Police, Rugby League organisations, St. Ignatius and other private school Alumni associations, the Happiness Institute and Batyr.

2016 Highlights

The garden rooms of The Banksia Project are community forums for awareness raising and destigmatisisation of mental health that are open to all members of the public. The photo below was taken at the second garden room held at the Scientia Building at UNSW. From left is Bryan Coleman the CEO of Banksia and St. Ignatius alumni; Prof. Gordon Parker AO from the Black Dog Institute, UNSW; Mitchell Pearce, Roosters captain; Dr Rachael Murrihy and Margaret Cuneen SC, Deputy Senior Crown Prosecutor for the Director of Public Prosecutions. We will continue to be involved with the Garden Rooms as expert speakers. In 2017, clinical psychologist Lousie Remond will be training facilitators for the support groups and will clinically supervise these groups. The groups will be rolled out across Sydney and regional areas. HPU staff will also be responsible for evaluating this pilot trial.



2016 Highlights

Disseminating research to the community:
Launching Australia's First Collaborative & Proactive Solutions Clinic

In August 2016 we were very excited to open Australia's first accredited CPS clinic. Stephanie Morse is the clinical psychologist working in this clinic, with support from CPS clinicians Anna Dedousis-Wallace and Louise Remond, and Professor Ross Greene. In this clinic, parents and children work together to identify situations where something is getting in the way of the child doing well, and then collaborate on how to overcome the problems being identified and find durable solutions. This therapy works well with a range of families from those who who are having a difficult period right through to parents struggling with more serious emotional and behavioural disorders in their child.



Clinical psychologist Stephanie Morse
delivers therapy to families in the CPS clinic

(Mum) "When I come to this unit I just relax. It feels like a second home now. So many clinics these days feel like factories that churn you through with little care. We've had some very bad experiences in the past, but we trust the therapists here and we know that you care about our son and our family. He has bipolar and he has needed care on and off for years. The public system discharged us saying there was nothing more they could offer him. And he was still so unwell! He wasn't leaving the house unless I pushed him to. He listens to what the therapist says, it really makes a difference. I don't know what we'd do if you weren't here."

(Jed, 17 years) "I didn't want to come here in the first place, dad made me, but now I'm glad I did. No one really understands what it's like for me at school. I just feel sick when I see Paul (fellow student who has been bullying Jed). I start to shake and I feel panicked when I see him. I spend all day worrying about running into him. Before I came to therapy I would fake being sick all the time so I can stay home from school. Danielle, my psychologist is the first person that really listens to me and gives me strategies to help me cope with it. She also is talking to the school counsellor so they understand how to help me".

2016 Highlights

General Psychology Clinic

During the year we had two clinical psychologists join our team, Dr Sophia Drysdale and Emily Upton. Sophia and Emily are available to see clients with a wide range of presenting problems, including anxiety, mood disorders, schizophrenia, relationship problems, trauma, stress, and parenting issues. We are interested in establishing that our therapy has a measurable impact and, in line with this, therapists are evaluating each client that comes through the clinic.

All Clinic Fees - Do clients attending the unit pay fees?

Approximately 90% of client attending the Health Psychology Unit for treatment received services at no charge (services were either free or bulk billed). The remaining 10% paid subsidised fees.



2016 Highlights

Increased Number of School Talks in 2016

Thanks to a generous grant from the Mary Alice Foundation we were able to double the number of HSC stress managment talks that we provided across Sydney. There is a strong emphasis on providing students with practical strategies to help manage stress, as well as helping them recognise if they need further assistance to manage their mood, thoughts and behaviour and to provide information about the different options for help.

We also offer evidence-based information and strategies so that parents can help their child manage the stresses associated with the HSC. These seminars help parents to better understand adolescent development, support the mental health of young people, and provide them with the opportunity to learn how to care for their own psychological well-being.



2016 Highlights

Disseminating Research Results to the Real World:
Presenting at the 8th World Congress of Behavioural and Cognitive Therapies

A number of research staff attended the World Congress of Cognitive and Behavioural Therapies that was held in Melbourne in June 2016. The World Congress occurs every four years and examines the advances and innovations of behavioural and cognitive therapy across the world. This international conference attracts both academics and clinicians and presents an excellent opportunity to disseminate our results. We chaired and presented for a symposium titled, 'Advances in Conceptualisation and Treatment of Youth with Oppositional Defiant Disorder: a Comparison of Two Major Therapeutic Models'. The Congress was a wonderful chance to to meet national and international researchers for possible future collaborations. Professor's Ollendick and Greene, travelled from the United States to attend the conference, present with us and discuss future collaborations with the HPU team.



Professor's Tom Ollendick and Ross Greene with the HPU team

2016 Highlights

Invited Keynote Speech, 6th Annual Lives in the Balance Conference, US

Clinical psychologist, Anna Dedousis-Wallace received an invitation be the keynote speaker at the 6th Annual Lives in the Balance summit in Portland, Maine. Anna presented on the topic, 'Parent Management Training and Collaborative and Proactive Solutions: A Randomised Comparison Trial for Oppositional Youth within an Australian Population'. This conference was an opportunity for Anna to present our research and network with expert clinicians and researchers from across the globe who are researching the CPS model in families, schools, and therapeutic settings. She returned home with many innovative ideas that we plan to pursue in 2017.



Clinical psychologist Anna Dedousis-Wallace and Professor Ross Greene

2016 Highlights

2016 Annual Charity Luncheon

This lunch afforded us the opportunity to warmly welcome the incoming Dean of Science, Professor Judith Smith to UTS. Professor Smith, a biological scientist, joins us from the University of Salford in the United Kingdom.

Lucinda Brogden, Commissioner for the National Mental Health Commission and a psychologist, was this year's speaker for the luncheon. She spoke eloquently about her passion for building communities and improving mental health, as well as her own family experiences of mental health concerns. This talk was very well received and it was a wonderful opportunity to advise our supporters about the services we have offered to the community in 2016 and our direction for the years ahead. These luncheons are not possible without the support of the King family and Mrs Bronwyn Carroll, and we thank them for their ongoing support.



Lucinda Brogden
Commissioner, National Mental Health Commission



Professor Judith Smith Dean, Faculty of Science , UTS

2016 Highlights

Community Seminar by Dr Justin Coulson

Each year the Health Psychology Unit hosts a large community talk for the public on a current youth-related issue. Dr Justin Coulson, PhD, is one of Australia's best-known and leading experts in the field of screen use in young people. HPU, in collaboration with St Pius X College, Chatswood, hosted Dr Coulson for his presentation to parents, teens and professionals on what a healthy digital diet looks like in children. Over 300 individuals attended this interactive and highly engaging talk on an issue affecting many young people and their families.

In 2017 staff continue to contribute articles to other social media sites for parents including Kidspot.



Dr Justin Coulson and the HPU team at St. Pius X Chatswood

Presentation Numbers

	Number of Attendees
2480	Student HSC Stress
320	Parent/Teacher HSC Stress
25	In House Program
350	Community Seminar
3175	Total Number of Presentation Attendees

Side by Side Client Numbers

Summary of Services

60 **Number of Families in Treatment**

674 **Total Number of Sessions Delivered**

Psychology Clinic Client Numbers

Summary of Services

116 **Number of Clients (all clinics except Side by Side)**

397 **Total Number of Sessions Delivered**

Summary of Services 2013-2016

Client contacts	Actual 2013	Actual 2014	Actual 2015	Actual 2016
Attendees at HPU presentations				
Student HSC Stress Seminars	1,166	1,130	1,215	2,480
Parent and Teacher HSC Stress Seminars	355	140	160	320
In-House Programs	17	4	20	25
Community/Staff/University Seminars	900	90	918	350
Sub-total	*2,438*	*1,364*	*2,313*	*3,175*
Therapy sessions delivered				
Side by Side Clinic (therapy)	0	0	352	674
General Psychology Clinic/CPS	282	186	291	397
Psychosis clinic	138	133	0	0
Sub-total	*420*	*319*	*643*	*1,071*
Publications				
Book purchases	7	36	30	32
Book chapter downloads	0	10,000	10,000	10,000
TOTAL PUBLICATIONS	**7**	**10,036**	**10,030**	**10,032**

Major Donors

Antony Kidman Foundation

Antony Kidman established the foundation for donors who preferred to give to a foundation. The Antony Kidman Foundation is a separate entity to the HPU, however, it exists solely to support the operations of the unit.

$100,000

Nicole Kidman, AC

The Charles Warman Foundation

$25,000

Gwynvill Group. Paul and Jason Tieck

$500-1000

R.Murrihy

Major Donors - HPU

$50,000-$100,000

Vincent Fairfax Family Foundation
Galong Pty Ltd - Dick and Pip Smith
The Peters Family Foundation (25K to the AKF)

$20,000-$49,999

The Barbara Alice Trust Fund
The Profield Foundation

$10,000-$19,999

Sue Maple-Brown
Mary Alice Foundation
Philip C Walker (5K to AKF)

$5,000-$9,999

Boka Aluminium Windows Pty Ltd
Bytenew Pty Ltd
Jan and Ian Cairns
Graham G Gunn and Co
Thriving Enterprises Pty Ltd

$2,000-$4,999

APN Compounding Pty Ltd
CSP Landscaping Pty Ltd
Maple-Brown Abbott Ltd
Rachael Rogers

$1,000-$1,999

A and G Lamattina & Sons Pty Ltd
Anthony and Bronwyn Carroll
Sue Edwards
JG Mullan Constructions
John and Sally Kell
Adam Freeman & Gabrielle Schneider
Secure Car Park Management Pty Ltd
Western Earthmoving Pty Ltd

$500-$999

Arthur Pipe & Steel Aust Pty Ltd
Raymond Burridge
David J Bulgeries & Co
Drem Pty Ltd
Eastbeth Services Pty Ltd
Edward L Edwards
Ellice-Flint and Co.
Julie Josue
Alan Paul
Pamela J Sleeman
Joan Walker
R.Murrihy

Major Donors - HPU

$200-$499

Alpha Earthmoving
Barraket Trading Co. P/L
Bracken Stud
Geoffrey and Nanette Danks
Krysten Farren-Price
George Pantahos & Co
John Gissing
Bruce and Anne Gordon
M and R Mant
R R Miles
Brett and Susan Monticone
Lionel P Robberds
Andrew and Jane Stevenson
Danny and Charmain Stiel

$100-$199

Thomas E Blamey
Sarah Coates
J and P Corsham
Des's Cabs Pty Ltd
Delesa Pty Ltd
Peter Grumont
Julian Farren-Price
Stephen & Joycelyn Kristoff
Tony Meiusi
McNally Management Pty Ltd
John and Charlotte Overton
Ramsay Healthcare Investments
SOS Printing Group (Aust) Pty Ltd
Southern Cross Holiday Apartments
John Weingarth
JB and BL Williamson

$1-$99

Stephen Andrews
A R Nominees Pty Ltd
Paul A Brannelly
M O Brown
E Conte & Co
Thelma F Fisher
G C Schmidt Pty Ltd
Sydney Howard AO
Alan E Keating
Garry Kennedy
Jenny McVey
Pink Pumpkin Pty Ltd
Ralph and Sybil Pliner
Rolma Industries
Ross Howard Pty Ltd
Ryvkah Nominees Pty Ltd
J H and B M Tonks

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HEALTH PSYCHOLOGY UNIT
FINANCIAL SUMMARY FOR CALENDAR YEAR*
1/1/16 – 31/12/16

PAYMENTS	**$** **2016**
Salaries	476,306
Consultancy fees	22,305
Travelling expenses for members of the Unit to attend national and international scientific meetings and to bring international collaborators to HPU.	12,224
Capital expenditure, maintenance of equipment, local fares, mileage allowances, subscriptions, printing of publications, preparation of appeal letters, postage, telephone, and petty cash	59,168
	570,003
RECEIPTS	
Donations	458,985
Contributions	53,800
Medicare and schools	11,780
Consulting fees	
	580,521
Less Payments	570,003
Balance	10,518

*This summary is derived from statements provided by
The University of Technology, Sydney.