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MARCH 18  
FREE PUBLIC LECTURE

# Beatings without Bruises

**WITH CYBER-BULLYING ON THE RISE HOW WILL WE SAFEGUARD OUR CHILDREN'S MENTAL HEALTH AND WELL BEING?**

Is nowhere safe? Once limited to the playground, bullying now has a boundless reach made possible by mobile phones and the internet. But what is the cost to individuals, families, schools and society as a whole?

Presented by senior researchers from the UTS Health Psychology Unit, this lecture unravels the facts about cyber bullying. It debunks media stereotypes of perpetrators and victims, lays bare its costs to individuals and communities and offers practical pathways for solutions and healing.

## DR RACHAEL C. MURRIHY

Rachael Murrihy is a senior clinical psychologist and research associate specialising in adolescent mental health. She educates and trains clinical psychologists, psychiatrists, family doctors, nurses, and others working with teens, while also delivering lectures on mental health for the general public. She is a practicing clinician, is engaged in industry-funded research and is widely published. Rachael is also a respected international conference speaker.

## MEGAN VARLOW

Megan Varlow is a clinical and health psychologist who has conducted large-scale research programs investigating cyber bullying and stress literacy in adolescents. She provides clinical cognitive behaviour treatment programs to adolescents. Megan has worked in public and private practice, in the not-for-profit sector and develops programs for people living with multiple sclerosis through MS Australia.

## INTRODUCED BY

Dr Antony Kidman, Director UTS Health Psychology Unit

### When

Thursday 18 March 2010  
6.00pm drinks for 6.30pm start  
Concludes 7.50pm

### Where

The Great Hall  
Level 5, UTS Tower,  
Broadway, Ultimo

### Transport

UTS is only ten minutes walk from Central Station, Eddy Avenue and Railway Square bus stops. Parking is available for those with a disability or special need to drive: Peter Johnson Building, Basement Car Park, 702-730 Harris St. Ultimo.

### RSVP

Wednesday 17 March 2010  
Register attendance with Robert Button  
Email: [robert.button@uts.edu.au](mailto:robert.button@uts.edu.au)  
Tel: 02 9514 1734