



# SPEAKS SPEAKS SPEAKS

THINK

THINK, CHANGE, DO

**FEBRUARY 18**  
FREE PUBLIC LECTURE

## Eating the Earth

### HOW SHOULD WE EAT TO ENSURE A SUSTAINABLE FUTURE?

What do obesity, factory farming, fair trade, peak oil, peak phosphorus and climate change have in common? Why might our 'pee' one day be worth its weight in gold?

With three expert speakers, this lecture puts our daily dinner table and supermarket choices under the spotlight. It questions the kind of human diet our planet can sustain and looks at how we could reduce demand on global resources, while maintaining a balanced diet and ethical food industry.

Finally you'll hear about the great global phosphorus crisis. Vital to plant and animal growth, the value of this element is sky-rocketing as supply from a few mines world-wide decreases. Our days of peeing phosphorus down the drain and food production processes demanding an excess of phosphorus may soon be costly habits of the past.

#### PROFESSOR STUART WHITE

Stuart White is the Director of the Institute for Sustainable Futures at UTS. He has researched, written and lectured widely on the issue of sustainable futures over the last 25 years, with an emphasis on resource use and improved decision-making.

#### SPECIAL GUEST - DR ROSEMARY STANTON, OAM

Dr Rosemary Stanton is Australia's best-known nutritionist, with a background in biochemistry, nutrition, dietetics and public health. She was awarded an Order of Australia Medal for her services to community health through education in nutrition and dietetics. Her major aim is to change Australians' poor eating habits so they have healthier diets and eat more enjoyable foods that cause minimal environmental damage.

#### DANA CORDELL

Dana Cordell is a PhD scholar jointly at UTS's Institute for Sustainable Futures and Sweden's Linköping University. Her current trans-disciplinary research on the global phosphorus situation in the context of food security led to her co-founding the Global Phosphorus Research Initiative.

#### When

Wednesday 18 February 2009  
6.00pm drinks  
6.30pm lecture start  
concluding 7.50pm

#### Where

UTS University Hall  
UTS Science Building  
745 Harris Street Ultimo  
(diagonally opposite ABC headquarters)

#### Transport

UTS is only ten minutes walk from Central Station, Eddy Avenue and Railway Square bus stops. Call 131 500 for routes and times.

Parking is available for those with a disability or special need to drive: Peter Johnson Building Basement Car Park 702-730 Harris St, Ultimo.

#### RSVP

Tuesday 17 February 2009  
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